

just let
yourself
fall

massage offers Hotel Hinteregger

Classic Massages

Anti-Stress full body massage

Give your body the attention it needs.

Energies are released - a state of absolute well-being sets in.

Duration 45 min

Cost 50 €

Classic back massage

The entire back musculature is highly stressed, therefore the loosening of these muscles is particularly important.

Promotes blood circulation, relaxing, loosens agglutinated fascia, loosens the muscles.

Duration 25 min

Cost 40 €

Regeneration massage for overstrained muscles

For back and legs especially after sports activities

Targeted massage strokes in combination with the active ingredients of original Tyrolean stone oil and the refreshing rub with skin tonic provide optimal support for regeneration - sore muscles are alleviated and prevented.

Duration 30 min

Cost 50 €

Foot reflex zone massage

Relaxing - regulating - balancing - a benefit for the whole body.

Duration 25 min

Cost 37 €

Special massages

Time out at Hinteregger – one hour of pure relaxation

Back - legs - head - (without oil)

A successful combination of classic massage and deep relaxation allows you to quickly forget the stress of everyday life loosens muscle tension, agglutinated fasciae are loosened a state of absolute relaxation.

Duration 60 min

Cost 65 €

Honey massage for the back – with East Tyrolean bee honey

Through special techniques, the body is freed from waste products and toxins with the help of honey. Dead skin cells are removed, leaving the skin soft and supple. The subsequent massage with warm lavender oil has a calming, deeply relaxing effect.

Duration 40 min

Cost 57 €

Herbal stamp massage

The herbal massage combines all the benefits of a massage. In perfect combination of warmth, massage, and aromas of herbs, tensions are released, purification is supported, the skin's moisturizers are replenished, and the pleasant exfoliating effect leaves your skin feeling velvety and soft.

Duration 50 min

Cost 67 €

Aroma massage – with 100% natural organic oils

An aroma oil massage is just the right thing to pamper your body and soul. The wonderful scents, the warm oil, and the flowing massage lead to a particularly deep, restful relaxation. The 100% natural organic oils of 'Feeling' are individually selected and blended for you. Let yourself be inspired by the secret magic of scent.

Duration 60 min

Cost 67 €